

Why Did I Get Married?

Alfred Street Baptist Church

Christian Life Institute

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Facilitators,

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The Love Bank

Keeping Your Account Full

Why did you get married?

Romantic Love

- ✓ The feeling of being in love
 - ✓ Finding someone irresistible
 - ✓ Believing that life without each other would be a mistake
 - ✓ Certain needs were met which created the emotional feeling of being in love

The love bank is your account of certain needs and desires that sustain the emotion of love

When your spouse makes you
feel
good deposits are made into the
account and the balance
increases

When your spouse does things
that
make you feel bad withdrawals
are
made and the balance decreases
and you begin to dislike, lose
feelings of love and even hate

Staying in love requires that
your love bank account remain
above the romantic love
threshold

The key in a marriage to
keeping the account high is –
Caring Love

Caring Love

- ✓ Making a decision to do what you can to make your spouse happy and increase your love bank account
- ✓ How willing are you to do whatever it takes to make your spouse happy?
- ✓ Do you really know what to do to make them happy?
- ✓ Acts of caring love trigger romantic love

His Needs – Her Needs