

Sports Ministry Programs (10)

	PROGRAM	Description	LOCATION	TIMING
1	Chess Club (Adult and Youth)	To play or learn how to play in the spirit of healthy competition and fun, promoting strategic and problem-solving skills.	Alfred Street	All Year
2	Welton E. Quander Bowling Fellowship	To connect and fellowship with other bowlers in a league, promoting healthy competition in which the highest men, women, and team bowlers are awarded prizes at the annual banquet.	Bowl of America (Edsall Road)	All Year
3	Faith 5k / Christian Walk	To participate in Alfred Street's church-wide 5k run, walk, and/or jog event, which promotes fellowship, fun, and physical fitness.	Alexandria, VA	May/June
4	Co-Ed Softball League	To play in a co-ed-sanctioned league in the Alexandria area against other churches with an opportunity to win a championship, promoting physical fitness and teamwork.	Lee Center (Alexandria, VA)	April – July
5	Double Dutch	To fellowship, jump, or learn how to Double Dutch, promoting teamwork and social skills while also providing a cardiovascular workout and developing coordination skills.	Alfred Street	April – September

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	PROGRAM	Description	LOCATION	TIMING
6	Holy Spokes Bicycling Fellowship	To connect and fellowship with the cycling community along the DMV trails, promoting cardiovascular health and strengthening the core and lower body.	DMV Area Bike Trails	April – September
7	Tennis Fellowship	To fellowship, play, or learn how to play with other tennis players, promoting healthy competition, physical fitness, agility, flexibility, and balance.	Alexandria City High School	April – September
8	Eric M. Willis Memorial Golf Tournament	To participate in Alfred Street’s Annual Memorial Golf Tournament, which raises money to provide physically challenged and low-income students with funding to afford the cost of college or a quality preschool education.	TBD	September
9	Baptist Cup	To participate on Alfred Street’s golf team to compete against area churches, with the opportunity to win the Baptist Cup trophy.	TBD	Spring/Fall
10	Basketball League	To play in a co-ed or men’s sanctioned league in the DMV area with an opportunity to win a championship, promoting physical fitness and teamwork.	FXA Sports or Lee Center	Spring/Fall